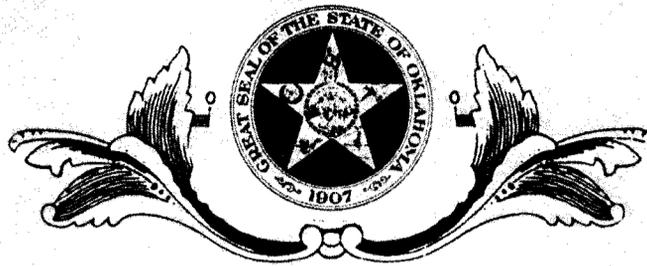


FILED

OCT 05 2016

OKLAHOMA SECRETARY
OF STATE

STATE OF OKLAHOMA



EXECUTIVE DEPARTMENT

Proclamation

Whereas, sleep apnea is a common, chronic disorder in which one or more pauses in breathing or shallow breathing occurs during sleep; and

Whereas, sleep apnea is thought to affect at least nine percent of women and twenty-four percent of men in the United States; and

Whereas, sleep apnea can be a complicating factor in the administration of general anesthesia during surgery; and

Whereas, depression, narcolepsy, restless leg syndrome, high blood pressure, heart disease and diabetes are just a few of the harmful health consequences of an undiagnosed or untreated sleep disorder; and

Whereas, sleep apnea can be treated with positive airway pressure (PAP) therapy, which supplies pressurized air through a breathing mask that prevents the airway from collapsing; and

Whereas, sleep studies are used to help healthcare providers diagnose whether an individual has a sleeping disorder by measuring how well an individual sleeps and how the body responds to sleep problems;

Now, therefore, I, Mary Fallin, Governor, do hereby proclaim October 10, 2016, as

"Sleep Apnea Awareness Day"

in the state of Oklahoma.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Oklahoma to be affixed.



Done at the Capitol, in the City of Oklahoma City, this 5th day of October, in the Year of Our Lord two thousand and sixteen, and of the State of Oklahoma in the one hundred and eighth year.

Chi Benz
SECRETARY OF STATE

Mary Fallin
GOVERNOR

ATTEST:

40112