

JUL 20 2015

OKLAHOMA SECRETARY  
OF STATE

## STATE OF OKLAHOMA



EXECUTIVE DEPARTMENT

## Proclamation

**Whereas**, sleep apnea is a common, chronic disorder in which one or more pauses in breathing or shallow breathing occurs during sleep;

**Whereas**, sleep apnea is thought to affect at least nine percent of women and twenty-four percent of men in the United States; and

**Whereas**, sleep apnea can be a complicating factor in the administration of general anesthesia during surgery; and

**Whereas**, depression, narcolepsy, restless leg syndrome, high blood pressure, heart disease and diabetes are just a few of the harmful health consequences of an undiagnosed or untreated sleep disorder; and

**Whereas**, sleep apnea can be treated with positive airway pressure (PAP) therapy, which supplies pressurized air through a breathing mask that prevents the airway from collapsing; and

**Whereas**, sleep studies are used to help healthcare providers diagnose whether an individual has a sleeping disorder by measuring how well an individual sleeps and how the body responds to sleep problems;

**Now, therefore, I, Mary Fallin, Governor**, do hereby proclaim October 5, 2015, as

**“Sleep Apnea Awareness Day”**

in the state of Oklahoma.

*In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Oklahoma to be affixed.*



*Done at the Capitol, in the City of Oklahoma City, this 20<sup>th</sup> day of July, in the Year of Our Lord two thousand and fifteen, and of the State of Oklahoma in the one hundred and seventh year.*

ATTEST:

*Chris Morris*  
Assistant SECRETARY OF STATE

*Mary Fallin*  
GOVERNOR

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