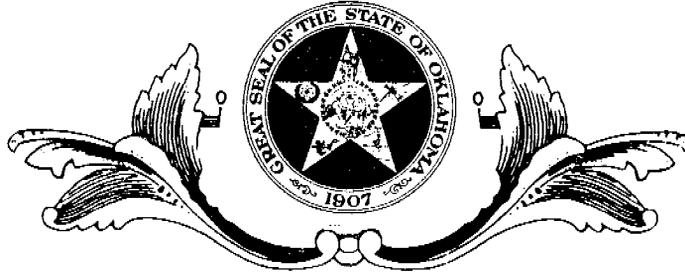


# STATE OF OKLAHOMA



FILED

SEP 03 2010

OKLAHOMA SECRETARY OF STATE

## EXECUTIVE DEPARTMENT

# Proclamation

Whereas, the use of illegal and prescription drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children; and

Whereas, multiple of surveys conducted by the National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families, the less likely they are to smoke, drink and use illegal drugs; and

Whereas, frequent family dining is associated with lower rates of teen smoking, drinking, illegal drug use and prescription drug abuse; and

Whereas, the correlation between frequent family dinners and reduced risk for teen substance abuse are well documented; and

Whereas, parents who are engaged in their children's lives – through such activities as frequent family dinners – are less likely to have children who abuse substances; and

Whereas, family dinners have long constituted a substantial pillar of family life in America;

Now, Therefore, I, Brad Henry, Governor of the State of Oklahoma, do hereby proclaim September 27, 2010, the fourth Monday in September, as

### "Family Day - A Day to Eat Dinner with Your Children"

in the State of Oklahoma, and urge all citizens to recognize and participate in its observance.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Oklahoma to be affixed.



Done at the Capitol, in the City of Oklahoma City, this *third* day of *September*, in the Year of Our Lord two thousand and *ten*, and of the State of Oklahoma in the one hundred *second* year.

*M. Susan Love*  
SECRETARY OF STATE

*Brad Henry*  
GOVERNOR

ATTEST:

38373