Resolution

ENROLLED HOUSE
RESOLUTION NO. 1033 By: Denney

A Resolution proclaiming Wear Red Day in Oklahoma; urging citizens to wear red to commemorate Wear Red Day; and directing distribution.

WHEREAS, heart disease and stroke kill one in three women in the United States, yet eighty percent (80%) of cardiac events may be prevented; and

WHEREAS, cardiovascular diseases and stroke kill approximately one woman every 80 seconds in the United States; and

WHEREAS, an estimated 44 million women in the United States are affected by cardiovascular diseases; and

WHEREAS, women comprise only twenty-four percent (24%) of participants in all heart-related studies; and

WHEREAS, women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else is having a heart attack; and

WHEREAS, only thirty-six percent (36%) of African American women and thirty-four percent (34%) of Hispanic women know that heart disease is their greatest health risk, compared with sixty-five percent (65%) of Caucasian women; and

WHEREAS, ninety percent (90%) of women have one or more risk factors for developing heart disease, yet only one in five American women believes that heart disease is her greatest health threat; and

WHEREAS, Go Red for Women encourages women to take charge of their health and schedule a well-woman visit to learn about health status and risk for diseases; and

WHEREAS, Go Red for Women is asking all Americans to Go Red by wearing red and speaking red, and:

1. Get your numbers: Ask your doctor to check your blood pressure and cholesterol;

2. Own your lifestyle: Stop smoking, lose weight, exercise and eat healthy;

3. Raise your voice: Advocate for more women-related research and education;

4. Educate your family: Make healthy food choices for you and your family. Teach your kids the importance of staying active; and

5. Donate: Show your support with a donation of time or money.

NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE 2ND SESSION OF THE 55TH OKLAHOMA LEGISLATURE:

THAT Friday, February 5, 2016, is hereby proclaimed "Wear Red Day" in Oklahoma, in recognition of the importance of the ongoing fight against heart disease and stroke in women.

THAT all citizens of this state are urged to show their support for women and the fight against heart disease by wearing red to commemorate Wear Red Day.

THAT a copy of this resolution be dispatched to the American Heart Association Southwest Affiliate.

Adopted by the House of Representatives the 4th day of February, 2016.

Presiding Officer of the House of Representatives

OFFICE OF THE SECRETARY OF STATE

Received by the Office of the Secretary of State this 4th day of February, 20 16, at 12:14 o'clock P. M.

By: Chris Berge