Resolution

ENROLLED HOUSE
RESOLUTION NO. 1003 By: Denney

A Resolution proclaiming Wear Red Day in Oklahoma; urging citizens to wear red to commemorate Wear Red Day; and directing distribution.

WHEREAS, heart disease is the number one killer of women, yet eighty percent (80%) of cardiac events can be prevented; and

WHEREAS, cardiovascular diseases cause one in three women's deaths each year, killing approximately one woman every minute; and

WHEREAS, an estimated 44 million women in the United States are affected by cardiovascular diseases; and

WHEREAS, ninety percent (90%) of women have one or more risk factors for developing heart disease, yet only one in five American women believes that heart disease is her greatest health threat; and

WHEREAS, since 1984, more women than men have died each year from heart disease; and

WHEREAS, women comprise only twenty-four percent (24%) of participants in all heart-related studies; and

WHEREAS, women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else is having a heart attack; and

WHEREAS, only forty-three percent (43%) of African American women and forty-four percent (44%) of Hispanic women know that heart disease is their greatest health risk, compared with sixty percent (60%) of Caucasian women; and

WHEREAS, women involved with the American Heart Association's Go Red for Women movement live healthier lives. Nearly ninety percent (90%) have made at least one healthy behavior change; and

WHEREAS, Go Red for Women is asking all Americans to Go Red by wearing red and speaking red, and:

1. Get your numbers: Ask your doctor to check your blood pressure and cholesterol;

2. Own your lifestyle: Stop smoking, lose weight, exercise and eat healthy;

3. Raise your voice: Advocate for more women-related research and education;

4. Educate your family: Make healthy food choices for you and your family. Teach your kids the importance of staying active; and

5. Don't be silent: Tell every woman you know that heart disease is the number-one killer of women. Raise your voice at *GoRedForWomen.org*.

NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE 1ST SESSION OF THE 55TH OKLAHOMA LEGISLATURE:

THAT Friday, February 6, 2015, is hereby proclaimed "Wear Red Day" in Oklahoma, in recognition of the importance of the ongoing fight against heart disease and stroke in women.

THAT all citizens of this state are urged to show their support for women and the fight against heart disease by wearing red to commemorate Wear Red Day.

THAT a copy of this resolution be dispatched to the American Heart Association Southwest Affiliate.

Adopted by the House of Representatives the 5th day of February, 2015.

Presiding Officer of the House of Representatives

OFFICE OF THE SECRETARY OF STATE

Received by the Office of the Secretary of State this 9th day of February, 20 15, at 2:19 o'clock P M.

By: Chris Morris